



8872 '98 NOV 24 P2:35

October 30, 1998

Office of Special Nutritionals
HFS-450 Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
200 C St.SW
Washington DC 20204

Statement of Nutritional Support- **GREEN TEA EXTRACT**
Pursuant to 21 CFR Part 101.93, American Specialty Health & Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as: **GREEN TEA EXTRACT**

- 1) Name and Address of Distributor: ASHW 8989 Rio San Diego Dr.
Ste. 250, San Diego CA 92108
- 2) Text of Nutritional Support Statement being Made:
"Green tea extract is made from the leaves of the same plant as black tea. It is rich in compounds called polyphenols and catechin, the subject of ongoing scientific research. These compounds are recognized for being important antioxidants, protecting the body from free radical damage and supporting the immune system."
- 3) Name of dietary ingredient(s): See Attached Product Label
- 4) Brand Name: **GREEN TEA EXTRACT**
- 5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Vice President.

Yours truly,

A handwritten signature in cursive script, appearing to read "Doug Metz".

Dr. Doug Metz
Vice President

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Green Tea Extract

Description:

Green tea extract is made from the leaves of the same plant as black tea. It is rich in compounds called polyphenols and catechin, the subject of ongoing scientific research. These compounds are recognized for being important antioxidants, protecting the body from free radical damage and supporting the immune system.

These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

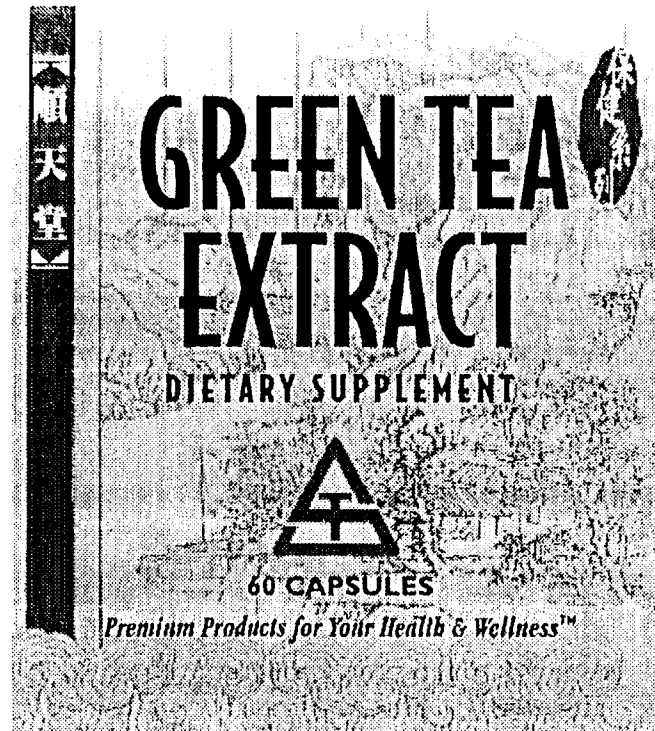
Directions For Use: Take 1 capsule per day.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician. Since green tea extract contains caffeine, it may produce mild insomnia.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

DISTRIBUTED BY AMERICAN SPECIALTY HEALTH & WELLNESS™
PO BOX 509010 SAN DIEGO, CA 92150-9010



Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 60

Amount Per Serving: % Daily Value

Green tea extract (Camellia sinensis
leaf, std 90% polyphenols) 100mg

Other Ingredients: Gelatin, cellulose, calcium phosphate
hydrous, stearic acid, magnesium stearate and silicon dioxide

*Daily Value not established.

Green Tea Extract is free of wheat, corn, soy, dairy, sucrose,
starch, salt and yeast.